



JANUARY | 2019

G2S High and Middle School Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
31 Happy New Year Have a Wonderful 2019	1	2	3	4 Food Service 231-757-5721 mnielsen@mccschools.org
7 Beef & Bean Burrito Refried Beans Diced Peaches Choice of Milk	8 Homemade Calzones Green Beans Fresh Pears Variety of Milk	9 Chicken Alfredo Pasta Fresh Salad Bar Peaches Choice of milk	10 Popcorn Chicken Mashed Potato Bowl Mixed Tossed Salad Corn Apples Choice of Milk	11 Macaroni & Cheese Baby Carrots Lite Ranch Dressing Grapes Choice of Milk
14 Bandstra Burger Wedge Potatoes Bun Diced Pears Milk	15 Chicken Whoopie Chicken Noodle Soup Fresh Fruit Dinner roll Choice of Milk	16 Baked Chicken Drumsticks Mashed Potatoes Corn Diced Apricots Choc or Low-fat Milk	17 Beef Quesadilla Salsa Baby Carrots Diced Pineapple Variety of Milk	18 No School
21 No School	22 No School	23 Chicken Cheddar Wraps Tossed Salad Lite Ranch Dressing Oranges Varity of Milk	24 Hungry Howie Pizza Day Green Beans Peaches Choice of Milk	25 Cheeseburger Bun Tator Tots Peaches Milk
28 Pizza Sticks Broccoli Salad Pears Choice of Milk	29 Walking Taco Chili Lettuce/Tomato Fritos Pears Choice of Milk	30 Poor boy Wrap Sweet Potato Tots Spinach Salad Applesauce Choice of Milk	31 Rodeo Burger French Fries Banana Bun Choice of Milk	1

DAILY MENU CHOICES - PIZZA, CHICKEN PATTY ON A BUN, CHEESEBURGER, DELI SANDWICHES, FRESH SALADS, CHICKEN NUGGETS AND DAILY SPECIAL

All bread, bread items and pasta are whole or multi grain
Milk offered Daily

Fat Free Chocolate
Lowfat 1 % White Milk

Fruit & Vegetable Bar offer daily

Condiments available daily:
Low cal salad dressings,
Mayonnaise, catsup, mustard.

Lunch Prices:
High School \$2.90
Middle School & Elementary \$2.90

Menu is subject to change without notice
USDA is an equal Opportunity provider and employer.