



# JANUARY | 2019

## Mason County Senior Meal Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
31	1 <b>Happy New Year To you all</b>	2 Potato Salad Fruit mix Hamburger bun 1% milk	3 Stacked turkey 7- layer salad Melon wedges Bun 1% milk Meat loaf sandwich	4 Ham & Cheese Bun Cucumbers Apple 1% milk
7 Turkey / Swiss Baked Beans Pineapple tidbits Sub bun 1% milk	8 Tuna salad Carrot Raisin Melon Croissant 1% milk	9 Ham Salad Broccoli & Cauliflower Cinnamon apple slices White Bread 1% milk	10 Egg salad Beets Orange wedges Wheat bread 1% milk	11 Sub Meat Deli Coleslaw Pears Bun 1% milk
14 Ground Bologna Pea & peanut salad Lunch bunch grapes Sliced bread 1% milk	15 Sliced Roast Beef Broccoli raisin salad Fruit Mix Whole wheat bread 1% milk	16 Egg salad Creamy cukes Pineapple Tidbits Bun 1% milk	17 Bologna Tossed Salad Apricots Multi grain bun 1% milk	18 Ham Deli Potato salad Peaches Bun 1% milk
21 Poor boy sandwich Tomato mozzarella Fresh orange Sub bun 1% milk	22 Pastrami & Swiss Three bean salad Fruit mix Sliced bread 1% Milk	23 Chicken Pasta Salad Carrot Sticks Peaches Dinner roll 1 % milk	24 Sub Sandwich Bun Banana Potato Salad Milk	25 Chicken whoopee Tomato wedges Orange wedges Sub bun 1% milk
28 Tuna salad Carrot Raisin Apple Slices Croissant 1% milk	29 Chef Salad Tomato, lettuce Cukes, turkey & cheese Tropical Fruit Mix Dinner roll 1 % milk	30 Chicken Drummies Tossed Salad Pears Bread 1% milk	31 Seafood salad Tomato wedges Apple Croissant 1% milk	1

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