

APRIL | 2019

Mason County Central Middle School Menu



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1 Beef Burritos Refried Beans Fresh Pears Variety of Milk	2 Fajita Chicken & Cheese Wrap Hummus & Chips Spinach Salad Applesauce Choice of Milk	3 Grilled Chicken Breast Baked Beans Diced Peaches Bun Choice of Milk	4 Sloppy Joes Green Bell Peppers Diced Peaches Bun Choice of Milk	5 Grilled Cheese Sandwich Tomato Soup Celery Sticks Diced Peaches Milk
8 Chicken BBQ Flatbread Carrots Grapes Milk	9 Spaghetti – Meat sauce Peas & Carrots Applesauce Choice of Milk	10 Breakfast for Lunch French Toast & Sausage Hashbrown Oranges Variety of Milk	11 Hungry Howie Pizza Day Mixed Melon Salad Choice of Milk	12 Fish Tacos Tortilla Shell Coleslaw Peaches Milk
15 Walking Tacos Chili Apples Corn Chips Choice of Milk	16 Popcorn Chicken Potato Bowl Dinner roll Corn Applesauce Choice of Milk	17 Flatbread Pizza Broccoli Salad Fresh Fruit Choice of Milk	18 Sloppy Joes Baked Beans Banana Bun Milk	19 Bagged Lunches ½ day school
22 Rodeo Burger/Bun Carrot & Celery Sticks Creamy Dip for Vegetables Diced Pears Milk	23 Sub Sandwich Corn Fresh Oranges Bun Choice of Milk	24 Big Daddy Cheese Pizza Baby Carrots Lite Ranch Dressing 3 Blend Fruit Choice of Milk	25 Chicken Alfredo/ Pasta Mixed Tossed Salad Lite Ranch Dressing Green Beans Diced Fruit Choice of Milk	26 Chicken Strips Potato Wedges Applesauce Dinner roll Choice of Milk
29 BBQ Pork Baby Carrots Lite Ranch Dressing Apple slices Choc or Lowfat Milk	30 Beef Teri yaki Rice Stir Fry Veg Fresh Fruit Fortune Cookie Milk	1	2	3 MCC Food Service 231-757-5721 mnielsen @mccschools.org

DAILY MENU CHOICES - PIZZA, CHICKEN PATTY ON A BUN, CHEESEBURGER, BOSCO STICKS, CHICKEN NUGGETS AND DAILY SPECIAL
All bread, bread items and pasta are whole or multi grain.
Milk offered Daily
Fat Free Chocolate
Lowfat 1 % White Milk

Fruit & Vegetable Bar offer daily
Condiments available daily:
Low cal salad dressings,
Mayonnaise, catsup, mustard.

Lunch Prices:
High School \$2.90
Middle School & Elementary \$2.90

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FRIDAY

1	2	3	4	5
8	9	10	11	12
15	16	17	18	19
22	23	24	25	26
29	30	1	2	3

