

Mason County Central  
Food Service  
Phone  
231-757-5721

# OCTOBER | 2018

Cereal Offered  
Daily

## Scottville & Upper Elementary Breakfast Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>1</b> Muffin Cereal Pears Milk	<b>2</b> Granola Bar Cereal Peaches Milk	<b>3</b> Yogurt Chex Mix String Cheese Juice Milk	<b>4</b> Pancake on a stick Sunflower seeds Milk	<b>5</b> Biscuits & Honey Applesauce Cups Cheese Milk
<b>8</b> Elvin Banana Loaf Juice Cereal Milk	<b>9</b> Waffle in Bag String Cheese Juice Milk	<b>10</b> Breakfast Bar Cereal Juice Milk	<b>11</b> Maple Pancake in a bag Fruit cup Milk	<b>12</b> Breakfast Bar Hard Boiled Egg Apple Milk
<b>15</b> Fruit & Grain Bar String Cheese Juice Milk	<b>16</b> Breakfast Burittos Cereal Orange wedges Milk	<b>17</b> Oatmeal Bar Cereal Fruit cup Milk	<b>18</b> French Toast Sausage Banana Milk	<b>19</b> Whole Grain Pop Tart Yogurt Juice Milk
<b>22</b> Muffin Sunflower seeds Juice Milk	<b>23</b> Bosco Apple Sticks Cheese Pears Milk	<b>24</b> Peanut Butter Jammer Juice Milk	<b>25</b> Scrambled Eggs Cereal Fruit cup Milk	<b>26</b> Chex Mix Yogurt Juice Milk
<b>29</b> Muffin Yogurt Fruit Milk	<b>30</b> Cheese Omelet Yogurt Fruit Milk	<b>31</b> <b>Happy Halloween</b> Halloween Breakfast Bar Apple Juice Cheese Chunks Milk	<b>Fruit and Juice Offered Daily</b>	

### School News

**Breakfast Offered Daily  
At All Mason County  
Central Schools.**

**No Charge for  
Qualifying Students**

**.40 for Reduced Price**

**\$1.60 for Full Priced  
Students**

**All Bread items  
Whole grain or multi  
grain**