



OCTOBER | 2018

G2S High and Middle School Menu

**October 15th thru
Oct 19th is
"National School
Lunch Week"
Come join us all
week for lunch**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Walking Taco Chili Apples Chips Choice of Milk	2 Corn dogs Cherry Tomato Pineapple Choice of Milk	3 Big Daddy Pizza Corn Strawberries Choice of Milk Count Day !!! See you at Lunch	4 Pepperoni Pizza Sticks Carrots Banana Variety of Milk	5 Turkey & Cheese/ Croissant Celery Sticks Pineapple Choice of Milk
8 Chicken Fajita Wrap w/ Mex Rice Baby Carrots Lite Ranch Dressing Diced Pears Choc or Lowfat Milk	9 Turkey Gravy/ Mashed Potatoes Spinach Salad Applesauce Choice of Milk	10 5 inch Cheese Pizza Slice Broccoli Salad Fresh Fruit Choice of Milk	11 Hungry Howie Pizza Day Green Beans Mixed Melon Salad Choice of Milk	12 Bacon Burger Potato Salad Bun Banana Variety of milk
15 Mr. Dennis Burger Carrot & Celery Sticks Creamy Dip for Vegetables Bun Diced Pears Milk	16 Homemade Beef Quesadilla Peas & Carrots Applesauce W/W Shell Choice of Milk	17 Turkey Wraps Veggie Beans Tossed Salad Lite Ranch Dressing Mandarin Oranges Tortilla Shell Variety of Milk	18 Chicken Alfredo/Pasta Tossed Salad Diced Peaches Choice of Milk	19 Free Spartan Water with Daily Special 2 for 1 Hotdog on a Bun Corn Celery Sticks Diced Peaches Milk
22 Tator Tot Casserole Green Beans Diced Pineapple Variety of Milk	23 Breakfast for Lunch French Toast Sausage Hashbrown Applesauce Choice of Milk	24 Big Daddy Cheese Pizza Tossed Salad Lite Ranch Dressing Tropical Fruit Choice of Milk	25 Grilled Cheese on Bread Tomato Soup Lite Ranch Dressing Green Beans Diced Pears Choice of Milk	26 Chicken Tenders Cucumber Slices Peaches Slice Bread Choice of Milk
29 Turkey Bacon Club Sandwich Homemade Pasta Salad Apple Slices Variety of Milk	30 Asian Day Egg Roll W/G Rice Stir Fry Vegetables Mandarin Oranges Milk	31 Happy Halloween !! Batty Burger Ghostly French Fries Goblin Grapes Dracula's W/W Bun Freaky Fruit Snack Choice of Milk		

**DAILY MENU CHOICES -
PIZZA, CHICKEN PATTY
ON A BUN,
CHEESEBURGER, DELI
SANDWICHES, FRESH
SALADS, CHICKEN
NUGGETS AND DAILY
SPECIAL**

All bread, bread items and
pasta are whole or multi
Milk offered
Daily
Fat Free Chocolate
Lowfat 1 % White Milk

**Fruit & Vegetable Bar
offer daily**

Condiments available daily:
Low cal salad dressings,
Mayonnaise, catsup, mustard.

**Lunch Prices:
High School \$2.90
Middle School &
Elementary \$2.90**

*Menu is subject to
change without
notice*
**USDA is an equal
Opportunity provider
and employer.**