

Kitchen – 757-5721
 Scottville Center 757-4705
 Tallman Center 757-3306
 Ludington Center 845-6841

OCTOBER | 2018

Mason County Senior Meals Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Chef Salad/ turkey Boiled Egg Pears Crackers 1% milk	2 Chicken Salad Applesauce Lettuce Whole wheat bread 1% milk	3 Tuna salad Potato Salad Fruit Mix Croissant 1% milk	4 Ground bologna Pea & Peanut Salad Oranges Bun 1% milk	5 Turkey deli Broccoli raisin salad Grapes Sub bun 1% milk
8 Tuna salad Potato Salad Pears Croissant 1% milk	9 Ham Salad Carrot raisin salad Cinnamon apple slices White Bread 1% milk	10 Egg salad Broccoli cauliflower salad Orange wedges Whole wheat bread 1% milk	11 Roast Beef Coleslaw Pears Bun 1% milk	12 Poor Boy sandwich Tomato mozzarella Pineapple Sub bun 1% milk
15 Pastrami & Swiss Three bean salad Fruit mix Sliced bread 1% Milk	16 Stacked Turkey 7- Layer salad Melon wedges Bun 1% milk	17 Sub Sandwich Kidney Bean Salad Apricots Multi grain bun 1% milk	18 Seafood Salad Tomato Wedges Pears Croissant 1% milk	19 Bologna & cheese Broccoli raisin salad Oranges Sliced bread 1% milk
22 Sliced Roast Turkey Broccoli raisin salad Pears Whole wheat bread 1% milk	23 Egg Salad Tossed salad Pineapple Tidbits Bun 1% milk	24 Chicken whoopee Baked Beans Orange wedges Sub bun 1% milk	25 Turkey Deli Potato salad Peaches Bun 1% milk	26 Ham Deli Carrot raisin Grapes Bread 1% milk
29 Cheese Sandwich Potato Salad Fruit mix Hamburger bun 1% milk	30 Turkey Deli Sliced Cucumbers Peaches Bun 1% milk	31 Egg salad Broccoli cauliflower salad Orange wedges Whole wheat bread 1% milk		

Senior News

The Mason County Central Schools, located at 300 W. Broadway, will receive and use Federal funds and United States Department of agriculture donated foods. No person because of race, color, national origin, sex, age or handicap shall be excluded from e participation in, be denied, the benefits of, or otherwise be subject to discrimination in our donated food and child nutrition programs. Any person who believes they have been discriminated against should write to the Secretary of Agriculture, Washington, D. C. 20250.