



# SEPTEMBER | 2018

## Mason County Central High School Menu

| MONDAY                                                                                         | TUESDAY                                                                              | WEDNESDAY                                                                               | THURSDAY                                                                                                  | FRIDAY                                                                                                  |
|------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------|
| <b>Food Service</b><br>231-757-5721<br>mnielsen@<br>mccschools.org                             |                                                                                      |                                                                                         |                                                                                                           |                                                                                                         |
| <b>3 Labor Day</b><br><b>No school</b>                                                         | <b>4</b><br>Big Daddy<br>Pepperoni Pizza<br>Green Beans<br>Oranges<br>Choice of Milk | <b>5</b><br>Ham Deli<br>Potatoes<br>Bun<br>Peaches<br>Choice of Milk                    | <b>6</b><br>Hotdog/ Bun<br>Baked Beans<br>Pears<br>Milk                                                   | <b>7</b><br>Spaghetti/ meat<br>sauce<br>Cucumber Slices<br>Breadsticks<br>Mixed Fruit<br>Choice of Milk |
| <b>10</b><br>Sloppy Nachos<br>Tortilla Chips<br>Bean Salad<br>Oranges<br>Choice of Milk        | <b>11</b><br>Salisbury Steak<br>Bun<br>Whipped Potatoes<br>Peaches<br>Choice of Milk | <b>12</b><br>Pancakes & Sausage<br>Hashbrown Patty<br>Banana<br>Choice of Milk          | <b>13</b><br><b>Hungry Howie</b><br><b>Pizza</b><br><b>Apricots</b><br><b>Tossed salad</b><br><b>Milk</b> | <b>14</b><br>Bosco Pizza Sticks<br>Carrot Sticks<br>Pears<br>Variety of Milk                            |
| <b>17</b><br>Walking Taco<br>Corn Chips<br>Garden Mix Salad<br>Diced Peaches<br>Choice of Milk | <b>18</b><br>Turkey & Gravy<br>Mashed Potatoes<br>Applesauce<br>Choice of Milk       | <b>19</b><br>Chicken Alfredo<br>Broccoli<br>Banana<br>Choice of Milk                    | <b>20</b><br>Sloppy Joe<br>Bun<br>Carrot Stick<br>Pineapple<br>Choice of Milk                             | <b>21</b><br>Tacos<br>Cherry Tomatoes<br>Diced Pears<br>Choice of Milk                                  |
| <b>24</b><br>Queso Fiesta Mac &<br>Cheese<br>Green Beans<br>Apple<br>Choice of Milk            | <b>25</b><br>Pulled Pork<br>Bean Salad<br>Peaches<br>Bun<br>Choice of Milk           | <b>26</b><br>Chicken Fajita – soft<br>Shell<br>Carrot Sticks<br>Apple<br>Choice of Milk | <b>27</b><br>Sub Sandwich<br>Cucumber<br>Slices<br>Oranges<br>Bun<br>Milk                                 | <b>28</b> ½ day School<br><b>Bagged Lunch</b><br><b>Served</b>                                          |

**News**

DAILY MENU CHOICES -  
 PIZZA, CHICKEN PATTY  
 ON A BUN,  
 CHEESEBURGER, BOSCO  
 STICKS, CHEF SALAD,  
 CHICKEN NUGGETS AND  
 DAILY SPECIAL  
 All bread, bread items and  
 pasta are whole or multi  
 grain.  
 Milk offered  
 Daily  
 Fat Free Chocolate  
 Lowfat 1 % White Milk

Fruit & Vegetable Bar offer  
 daily  
 Condiments available daily:  
 Low cal salad dressings,  
 Mayonnaise, catsup, mustard.

**Lunch Prices:**  
**High School**  
**Middle School &**  
**Elementary \$2.90**