



OCTOBER | 2018

Fountain Headstart Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Ham, Potato, Cheese Bake Pears Roll 1 % milk	2 Pepperoni Pizza Sticks Applesauce Carrots 1 % milk	3 Cheese burger Bun Apple Slices Tropical Fruit 1 % milk	4 Turkey Deli Coleslaw Baked beans Fruit mix Bun/ 1% milk	5 No School
8 Ham & Cheese Green Beans Peaches Bun 1 % milk	9 Chicken Patty Corn Diced Pears Patty 1 % milk	10 Meat loaf Tossed Salad Fruit Mix Wheat bread 1 % milk	11 Sliced Roast Turkey Mashed potato Peaches Dinner roll 1 % milk	12 No School
15 Chicken Nuggets Mixed vegetables Peaches Dinner roll 1 % milk	16 Spaghetti w/meat sauce California Blend Warm Applesauce Garlic toast 1 % milk	17 Chicken Patty Tossed Salad Cantaloupe Bun 1 % milk	18 Pizza- Pepperoni Corn Pineapple tidbit 1 % milk	19 No School
22 Bosco Cheese Sticks Corn Peaches 1 % milk	23 Taco Corn Sliced Apples Shell 1 % milk	24 Chicken Noodle Bake Carrots Mixed Fruit 1 % milk	25 Ravolia Green Beans Applesauce Roll 1 % milk	26 No School
29 Pancakes Hashbrowns Pineapple tidbit 1 % milk	30 Sub Sandwich Carrot sticks Apple Slices Bun - Milk	31 Leah's Witches Stew Beef, Carrots, Peas Freaky Fruity Mix Batty Biscuits 1 % milk		No School

The Mason County Central Schools, located at 300 W. Broadway, will receive and use Federal funds and United States Department of agriculture donated foods. No person because of race, color, national origin, sex, age or handicap shall be excluded from the participation in, be denied, the benefits of, or otherwise be subject to discrimination in our donated food and child nutrition programs. Any person who believes they have been discriminated against should write to the Secretary of Agriculture, Washington, D. C. 20250.



OCTOBER | 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2	3	4	5
8	9	10	11	12
15	16	17	18	19
22	23	24	25	26
29	30	31		

