



OCTOBER | 2018

West Shore ESD Lunch Menu

October 15th thru Oct 19th
is "National School
Lunch Week"
Friday Oct 19th is
"Daily Special Pencil
Day"
Come join us all week for
lunch

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Walking Taco Chips Chili Diced Pineapple Variety of Milk	2 Corndogs Tossed Salad Peaches Choice of Milk	3 Pizza Green Beans Apples Choice of Milk Count Day Come Have Lunch	4 Bosco Pizza Sticks Cooked Carrots Banana Variety of Milk	5 Waffles & Sausage Cucumbers Pineapple Choice of Milk
8 5 inch Pepperoni Pizza Broccoli Salad Fresh Fruit Choice of Milk	9 Turkey / Gravy Mashed Potatoes Peas Applesauce Choice of Milk	10 Sloppy Joes Green Bell Peppers Diced Peaches Bun Choice of Milk	11 Grilled Cheese on Bread Green Beans Diced Pears Choice of Milk	12 Beef and Bean Burritos Applesauce Choice of Milk
15 Cheeseburger Carrot & Celery Sticks Creamy Dip for Vegetables Bun Diced Pears Milk	16 Breaded Chicken Nuggets Peas & Carrots Applesauce Choice of Milk	17 Breakfast for Lunch Cereal String Cheese Hashbrown Patty Oranges Variety of Milk	18 Chicken Alfredo Pasta Tossed Salad Fresh Fruit Choice of Milk	19 Hotdog on a Bun Corn Celery Sticks Diced Peaches Milk Take Daily Special and get a Special Pencil
22 Chicken Rings Honey Mustard Dressing Baked Beans Applesauce Choice of Milk	23 Breakfast for Lunch French Toast Sausage Hash browns Diced Peaches Choice of Milk	24 Cheese Pizza Tossed Salad Tropical Fruit Choice of Milk	25 Pizza Day Green Beans Mixed Melon Salad Choice of Milk	26 Pepperoni Pizza Wedge Cherry Tomato Pineapple Choice of Milk
29 Corn Dog Cherry Tomatoes Pineapple Milk	30 Tacos W/g Shell Green Beans Applesauce Choice of Milk	31 Happy Halloween !!! Special Halloween Lunch Batty Bosco Sticks Goblin Grapes Ghostly Cooked Carrots Choice of milk Freaky Fruit Snack	MCC Food Service 231-757-5721	

All bread, bread items and
pasta are whole or multi
Milk offered
Daily
Lowfat 1 % White Milk

Condiments available daily:
Low cal salad dressings,
Mayonnaise, catsup, mustard.

Lunch Prices:
High School \$2.90
Middle School &
Elementary \$2.90