



# NOVEMBER | 2017

**Senior News**

## **Mason County Senior Meals Lunch**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		<b>1</b> Bruanswieger Tomato mozzarella salad Fruit Rye Bread 1% milk	<b>2</b> Poor boy sandwich Potato salad Sliced peaches Sub bun 1% milk	<b>3</b> Seafood salad Carrots Watermelon chunks Croissant 1% milk
<b>6</b> Bologna & Cheese Beets Apricots Sliced bread 1% milk	<b>7</b> Honey Roasted Turkey Carrot Raisin Salad Mandarin Oranges Kaiser 1% milk	<b>8</b> Roast beef Creamy Coleslaw Lunch bunch grapes Sliced bread 1% milk	<b>9</b> American cheese Sandwich Tossed Salad Pineapple tidbits Wheat bread 1% milk	<b>10</b> Tuna Broccoli slaw Sliced peaches Rye bread 1% milk
<b>13</b> Ground Bologna Beets Fruit Mix Hamburger bun 1% milk	<b>14</b> Turkey Jerky Coleslaw Oranges Swirl Bread 1% milk	<b>15</b> Tuna Salad Carrot Raisin Salad Pineapple tidbits Bread 1% milk	<b>16</b> 2 hard boiled eggs Seven layer salad Cantaloupe Wheat Bread 1% milk	<b>17</b> Ham Salad Cuke wedges Fruit Mix Hamburger bun 1% milk
<b>20</b> Tuna salad Fresh Cauliflower Fruit Mix Hamburger bun 1% milk	<b>21</b> Submarine sandwich Celery Sticks Peaches Sub bun 1% milk	<b>22</b> Peanut butter & jam Orange juice Banana Cinnamon swirl bread 1% milk	<b>23</b> <b>No Meals Served Happy Turkey Day!!</b>	<b>24</b> <b>No Meals Served Have a great Weekend!!!!</b>
<b>27</b> Submarine sandwich Three Bean Salad Fruit Mix Sub bun 1% milk	<b>29</b> Pastrami & Swiss Fresh Broccoli bits Diced pears Sliced bread 1% milk	<b>29</b> Bologna & Cheese Carrot Sticks Apricots Sliced bread 1% milk	<b>30</b> Chicken Pasta Salad Cucumber wedges Oranges Dinner roll 1% milk	

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*MCC Kitchen*

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