



SEPTEMBER | 2017

Mason County Senior Meals Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				Chicken Pasta salad
				1 Broccoli & dip Tropical Fruit 1% milk
4 Labor Day Observed No meals Served	5 Submarine sandwich Broccoli & cauliflower salad Orange Wedges Sub bun 1% milk	6 Ham Deli Pears Potato Salad Hamburger Bun 1% milk	7 Bologna & cheese Broccoli & Cauliflower Fresh apples Sliced bread 1% milk	8 Egg Salad Creamy coleslaw Mandarin Oranges Hamburger Bun 1% milk
11 Stacked turkey Tomato mozzarella salad Fruited Yogurt Hamburger bun 1% milk	12 Tuna Macaroni Salad Potato salad Sliced peaches 1% milk	13 Hamy Samey Coleslaw Pears 6 in Sub Bun 1% milk	14 Macaroni Salad Broccoli Raisin Salad Banana Rye bread 1% milk	15 Meatloaf Seven layer salad Pineapple tidbits Wheat bread 1% milk
18 Bologna Fresh Grapes Tomato Wedges Sliced Bread 1% milk	19 Sub Sandwich Creamy Cukes Fruit Mix Bun 1% milk	20 Peanut butter and jam Carrot Raisin Salad Peaches Raisin Bread 1% milk	21 Ham & Swiss Three bean salad Tropical fruit Rye bread 1% milk	22 Turkey Deli Broccoli Pieces Peaches Bun 1% milk
25 Chef Salad Lettuce, tomato Turkey – cheese Crackers Pears 1% milk	26 BBQ pork Coleslaw Peaches Bun 1% milk	27 Seafood Salad Salad Cucumbers Pineapple tidbits Bun 1% milk	28 2 Hard boiled eggs Potato Salad Broccoli Raisin Salad Grapes 1% milk	29 Tuna salad Carrot Raisin Salad Sliced pear Bun 1% milk

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