



JANUARY | 2018

Mason County Senior Meal Lunch Menu

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|--|--|--|--|
| 1 Happy New Year To you all | 2 Chicken Drumsticks Tossed Salad Pears Bread 1% milk | 3 Meat loaf sandwich Potato Salad Fruit mix Hamburger bun 1% milk | 4 Stacked turkey 7- layer salad Melon wedges Bun 1% milk | 5 Ham & Cheese Bun Cucumbers Apple 1% milk |
| 8 Turkey / Swiss Baked Beans Pineapple tidbits Sub bun 1% milk | 9 Tuna salad Carrot Raisin Melon Croissant 1% milk | 10 Ham Salad Broccoli & Cauliflower Cinnamon apple slices White Bread 1% milk | 11 Egg salad Beets Orange wedges Wheat bread 1% milk | 12 Sub Meat Deli Coleslaw Peaches Bun 1% milk |
| 15 Tuna salad Carrot Raisin Apple Slices Croissant 1% milk | 16 Chef Salad Tomato, lettuce Cukes, turkey & cheese Tropical Fruit Mix Dinner roll 1 % milk | 17 Chicken Pasta Salad Carrot Sticks Peaches Dinner roll 1 % milk | 18 Chicken whoopee Tomato wedges Orange wedges Sub bun 1% milk | 19 Ham Deli Potato salad Peaches Bun 1% milk |
| 22 Ground Bologna Pea & peanut salad Lunch bunch grapes Sliced bread 1% milk | 23 Sliced Roast Beef Broccoli raisin salad Fruit Mix Whole wheat bread 1% milk | 24 Egg salad Creamy cukes Pineapple Tidbits Bun 1% milk | 25 Bologna Tossed Salad Apricots Multi grain bun 1% milk | 26 Seafood salad Tomato wedges Pears Croissant 1% milk |
| 29 Poor boy sandwich Tomato mozzarella Fresh orange Sub bun 1% milk | 30 Pastrami & Swiss Three bean salad Fruit mix Sliced bread 1% Milk | 31 Sub Sandwich Bun Banana Potato Salad Milk | | |

Senior News

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