

# JULY | 2018

## Mason County Senior Meal Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>2</b> Chicken salad Cabbage Salad Diced Peaches Dinner roll 1% milk	<b>3</b> Stacked Ham Cucumber Slices Orange wedges Croissant 1% milk	<b>4</b> Happy 4 <sup>th</sup> of July No Meals served	<b>5</b> Tuna Salad Tomato mozzarella salad Apricots Wheat bread 1% Milk	<b>6</b> Crab Salad Tomato wedges Grapes Wheat Bread 1% milk
<b>9</b> Chicken salad Creamy coleslaw Fruit mix Bun 1% milk	<b>10</b> Ham Salad Carrot Raisin Salad Sliced pears Hamburger bun 1% milk	<b>11</b> Chef Salad / turkey Hard boiled egg Apricots Wheat bread 1% milk	<b>12</b> Ground Bologna Cherry Tomatoes Peaches Bread 1 % milk	<b>13</b> Ham & Cheese Deli Coleslaw Bun Fruit Mix 1 % milk
<b>16</b> Chicken Drumsticks Potato Salad Grapes Dinner roll 1 % milk	<b>17</b> Turkey BLT on a Bun Veggie Salad Orange wedges 1 % milk	<b>18</b> Salami & cheese Potato Salad Fruit mix Rye bread 1% milk	<b>19</b> Submarine sandwich Three bean salad Oranges Sub bun 1% milk	<b>20</b> Tuna Salad Coleslaw Melon wedge Bun 1 % milk
<b>23</b> Poor Boy sandwich Pea & peanut salad Peaches Sub bun 1% milk	<b>24</b> Pastrami Tossed salad Cantaloupe Sliced bread 1% milk	<b>25</b> Ham Deli Coleslaw Peaches Bun 1 % milk	<b>26</b> Turkey Deli Garden salad Apple Slices Croissant 1% milk	<b>27</b> Egg salad Broccoli raisin salad Apple Bun 1% milk
<b>30</b> Bologna/ cheese Three Bean Salad Peaches Sliced bread 1% milk	<b>31</b> Meatloaf Carrot Raisin Salad Sliced pears Bun 1% milk			

The Mason County Central Schools, located at 300 W. Broadway, will receive and use Federal funds and United States Department of agriculture donated foods. No person because of race, color, national origin, sex, age or handicap shall be excluded from the participation in, be denied, the benefits of, or otherwise be subject to discrimination in our donated food and child nutrition programs. Any person who believes they have been discriminated against should write to the Secretary of Agriculture, Washington, D. C. 20250.



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2	3	4	5	6
9	10	11	12	13
16	17	18	19	20
23	24	25	26	27
30	31			

