

JULY | 2017

Mason County Senior Meal Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Salami & cheese Potato Salad Fruit mix Rye bread 1% milk	4 Happy 4 th of July No Meals served	5 Bologna/ cheese Three Bean Salad Peaches Sliced bread 1% milk	6 Meatloaf Carrot Raisin Salad Sliced pears Bun 1% milk	7 Ham & Cheese Deli Coleslaw Bun Fruit Mix 1 % milk
10 Chicken salad Creamy coleslaw Fruit mix Bun 1% milk	11 Ham Salad Coleslaw Sliced pears Hamburger bun 1% milk	12 Stacked ham Corn Salad Orange wedges Croissant 1% milk	13 Tuna Salad Tomato mozzarella salad Apricots Wheat bread 1% Milk	14 Crab Salad Tomato wedges Grapes Wheat Bread 1% milk
17 Poor Boy sandwich Pea & peanut salad Peaches Sub bun 1% milk	18 Pastrami Tossed salad Cantaloupe Sliced bread 1% milk	19 Chef Salad / turkey Hard boiled egg Apricots Wheat bread 1% milk	20 Submarine sandwich Three bean salad Oranges Sub bun 1% milk	21 Tuna Salad Coleslaw Melon wedge Bun 1 % milk
24 Chicken Drumsticks Potato Salad Grapes Dinner roll 1 % milk	25 Turkey BLT on a Bun Veggie Salad Orange wedges 1 % milk	26 Ham Deli Coleslaw Peaches Bun 1 % milk	27 Turkey Deli Garden salad Apple Slices Croissant 1% milk	28 Egg salad Broccoli raisin salad Apple Bun 1% milk
30 Chicken salad Cabbage Salad Diced Peaches Dinner roll 1% milk				

The Mason County Central Schools, located at 300 W. Broadway, will receive and use Federal funds and United States Department of agriculture donated foods. No person because of race, color, national origin, sex, age or handicap shall be excluded from the participation in, be denied, the benefits of, or otherwise be subject to discrimination in our donated food and child nutrition programs. Any person who believes they have been discriminated against should write to the Secretary of Agriculture, Washington, D. C. 20250.

JULY | 2017



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3	4	5	6	7
10	11	12	13	14
17	18	19	20	21
24	25	26	27	28
31				

