

Tallman – 757-3306  
 Scottville – 757-4705  
 Ludington- 845-6841  
 Kitchen – 757-4831

# JANUARY | 2018

## Mason County Senior Meal Dinner Home Delivered Meals

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>1</b> <b>Enjoy Your Holiday No Meals Served</b>	<b>2</b> *Lasagna *Broccoli Tossed Salad *Applesauce *Dinner roll *1% milk	<b>3</b> *1/4 pounder w/cheese *Seasoned Crispy Cubes Tossed salad Apricots *Bun *1% milk	<b>4</b> *Goulash/meat sauce *Corn *Winter Blend Veg *Fruit mix * 1% milk	<b>5</b> *Baked Fish *Scalloped Potatoes Mixed Veg *Peaches *Dinner roll *1% milk
<b>8</b> * Quarter Pounder * Baked Beans *Carrots *Bun *Peaches *1% milk	<b>9</b> * Roast pork * Sweet potatoes *Green Beans Diced Pears *Dinner roll *1% milk	<b>10</b> *Stuffed Cabbage Rolls *Rice in entrée Carrots Pineapple *Dinner roll *1% milk	<b>11</b> *Meatloaf *Mashed potatoes Wax Beans *Melon Wedges *Wheat bread *1% milk	<b>12</b> *Sloppy Joes *Peas *Hash brown casserole Tropical Fruit mix *Hamburger bun *1% milk
<b>15</b> *Swiss steak/mushroom gravy *Mashed Potato Green Beans Applesauce *Biscuit w/honey *1% milk	<b>16 Taco Tuesday</b> *Ground beef w/ refried beans *Lettuce & Tomato Orange wedges Shell Taco Shell *1% milk	<b>17</b> * Sliced Roast Beef *Mashed potatoes *Peas * Fruited Jell-O *Bread *1% milk	<b>18</b> Breaded Chicken patty Hashbrown Casserole Mixed Fruit * Bun *1 % milk	<b>19</b> *Creamy Chicken, Broccoli & Rice Bake Carrots Pears * Sliced Bread * 1 % milk
<b>22</b> *Lemon baked fish *Scalloped Potatoes *Corn *Fruit salad *Whole wheat bread *1% milk	<b>23</b> * Steak bites *Rice Winter Blend * Sliced Apples * Dinner roll *1% milk	<b>24</b> *Sliced Roast Turkey *Mashed potato *Green Beans *Peaches *Dinner roll *1% milk	<b>25</b> Jumbo Hotdog Day Baked Beans Cucumbers Fruit Salad Bun Milk	<b>26</b> Connecticut Beef Bake *Potatoes in Entree Carrots * Fruit salad Bread 1% milk
<b>29</b> * Chicken Stir Fry *Peas *Stir fry vegetables * Pears * Rice *1% milk	<b>30</b> *1/4 pounder w/cheese *Seasoned crispy cubes *Salad *Apricots *Hamburger bun *1% milk	<b>31</b> *Stuffed Peppers Tossed Salad Applesauce *Dinner roll 1% milk		

**“Lunch for a Buck”**  
**The last Thursday of the  
 month- Scottville &  
 Tallman**  
**The third Friday of the  
 month - Ludington  
 Center**  
**Bring a friend**  
**Happy New Year to All!**

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2	3	4	5
8	9	10	11	12
15	16	17	18	19
22	23	24	25	26
29	30	31		

