

JULY | 2018

Mason County Home Delivered Dinner Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 *French Toast *Sausage *Hash browns * Orange Juice * Muffin *1% milk	3 *Hot Roast Beef *Mashed Potatoes *Diced Beets *Applesauce *Sliced bread *1% milk	4 Happy 4 th of July No Meals Served	5 *Pulled Pork *Bun *Hash browns * Coleslaw * Grapes *1% milk	6 *Baked Fish *Brussels Sprouts Tossed Salad *Diced Peaches *Wheat bread * 1% milk
9 *Marinated Chicken *Wild Rice *Green Bean Casserole Carrots *Cantaloupe *1 % milk	10 *Swedish meatballs *Noodles *California blend Tossed Salad * Fruit Mix *Dinner roll *1% milk	11 *Stuffed Green Pepper *Carrots *Fruit *1% milk	12 *Thursday Pizza Day Green Beans Creamy Cukes Banana *1 %milk	13 * Cheeseburger *Potato Salad *Coleslaw *Watermelon *Bun* 1% milk
16 *Salisbury Steak *Scalloped Potatoes Peas *Diced Peaches *Rye bread *1% milk	17 *Taco Tuesday *Taco Meat *Mexican Rice Tomato & Lettuce Peaches * Taco Shell *1% milk	18 *Chicken Breast Sandwich *Augratin Potatoes Cherry Tomatoes *Applesauce *Bun *1% milk	19 Tator Tot Casserole *Green Beans in entrée Peaches *Dinner Roll\ *1% milk	20 *Chicken stew *Stewing vegetables Carrots *Pineapple * 1% milk *Biscuit
23 Baked Chicken Scalloped Potatoes Green Beans Watermelon Dinner roll 1 % milk	24 *Connecticut * Beef Bake *Baby Carrots *Orange Wedges * Dinner roll *1 % milk	25 *1% milk *BBQ Chicken Baked Beans *Three Bean Salad * Oranges * Biscuit *1% milk	26 Quarter Pounder *Coleslaw * Spudsters *Pineapple *Bun *1 % milk	27 *Turkey Deli/ Bun *Potato Salad *Sliced Cucumbers * Pears * 1% milk
30 *Beef Stroganoff/ w *Noodles *Broccoli Raisin Salad *Squash *Lunch Bunch Grapes *1 % milk	31 *Sloppy Joe *Bun *Hashbrown casserole * Orange Juice * Creamy Cukes *1% milk			Tallman: 757-3306 Scottville: 757-4705 Ludington: 845-6841 Kitchen: 757-4831

Senior News

**For all Senior Centers
Lunch for a Buck at
Scottville and Tallman
Centers
July 26th
Lunch for a Buck
Ludington Center
July 20th!!!
Bring a Friend!**

The Mason County Central Schools, located at 300 W. Broadway, will receive and use Federal funds and United States Department of agriculture donated foods. No person because of race, color, national origin, sex, age or handicap shall be excluded from the participation in, be denied, the benefits of, or otherwise be subject to discrimination in our donated food and child nutrition programs. Any person who believes they have been discriminated against should write to the Secretary of Agriculture, Washington, D. C. 20250.