



MAY | 2017

Mason County Central Middle School Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Creamy Chicken over Mashed Potatoes Baby Carrots Lite Ranch Dressing Diced Pears Choc or Lowfat Milk	2 Turkey Club Sandwich Spinach Salad Applesauce Choice of Milk	3 Quesadilla Broccoli Salad Banana Choice of Milk	4 Hotdog on a Bun Corn Garbanzo Beans Diced Peaches Milk	5 Tacos Tortilla Chips Salsa Baby Carrots Diced Pineapple Variety of Milk Happy Cinco de Mayo
8 Rodeo Burger Carrot & Celery Sticks Creamy Dip for Vegetables Diced Pears Milk	9 Chicken Salad on a Bun Peas & Carrots Applesauce Choice of Milk	10 Turkey Wraps Tossed Salad Lite Ranch Dressing Mandarin Oranges Variety of Milk	11 Hungry Howie Pizza Day Peas Mixed Melon Salad Choice of Milk	12 Chicken Tenders Dinner roll Cucumber Slices Apple Slices Choice of Milk
15 Walking Taco Chili & Cheese Apples Peaches Choice of Milk	16 5 inch Pizza Spinach Applesauce Choice of Milk	17 Macaroni & Cheese Mixed Tossed Salad Lite Ranch Dressing Green Beans Diced Pears Choice of Milk	18 Pepperoni French Bread Pizza Celery Sticks Oranges Choice of Milk	19 Big Daddy Cheese Pizza Baby Carrots Lite Ranch Dressing Fruit Mix Choice of Milk
22 BBQ Pork Sandwich Corn Fresh Oranges Choice of Milk	23 Tuka Burger ?? Baby Carrots Lite Ranch Dressing Grapes Bun Choice of Milk	24 Chicken Teriyaki Brown Rice Cherry Tomato Applesauce Choice of Milk	25 Spaghetti Green Bell Peppers Diced Peaches W/W Bun Choice of Milk	26 Bosco Pizza Sticks Corn Apple Slices Choice of Milk
29 Memorial Day No School	30 MCC Potato Bowl Popcorn Chicken Mashed Potatoes Corn Gravy Fresh Fruit Choice of milk	31 Grilled Cheese Sandwich Bread Tomato Soup Pears Milk	MCC Food Service 231-757-5721	

DAILY MENU CHOICES - PIZZA, CHICKEN PATTY ON A BUN, CHEESEBURGER, DELI SANDWICHES, FRESH SALADS, CHICKEN NUGGETS AND DAILY SPECIAL

All bread, bread items and pasta are whole or multi grain.

Milk offered Daily

Fat Free Chocolate
Lowfat 1 % White Milk

Fruit & Vegetable Bar offer daily

Condiments available daily:
Low cal salad dressings,
Mayonnaise, catsup, mustard.

Lunch Prices:

High School \$2.85

Middle School &

Elementary \$2.75