



MARCH | 2018

Mason County Central Middle School

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><u>National School Breakfast week</u> <u>March 5th – March 9th</u> Come join us for Breakfast!!!! <u>Watch for special items in our breakfast program!!!!</u></p>			<p>1 Baked Chicken Drumsticks Mashed Potatoes Green Beans Applesauce Variety of milk</p>	<p>2 5 in Cheese Pizza Sweet Potato Fries Fresh Fruit Milk</p>
<p>5 Turkey & Cheese Wrap Green Beans Oranges Tortilla Shell Choice of Milk</p>	<p>6 Spaghetti & Meat Sauce Carrot Chips Pineapple Milk</p>	<p>7 Beef Taco/ Tortilla Shell Cherry Tomato/ ranch Diced Pears Milk</p>	<p>8 Hungry Howie Pizza Broccoli Peaches Bun Milk</p>	<p>9 Mac & Cheese Casserole Peas Apple Slices Milk</p>
<p>12 Chicken Fajita Tortilla Shell Romaine Salad Salsa Pears Variety of Milk</p>	<p>13 Sloppy Nachos Bean Salad Applesauce Choice of Milk</p>	<p>14 PBJ Sandwich Garbanzo Beans Bread Mixed Veggies Milk</p>	<p>15 Beef Fiestada Romaine Lettuce Salsa Fresh Oranges</p>	<p>16 Special St. Patrick's Bagged Lunch Submarine Sandwich Petite Carrots - dip Fresh Apple Slices Bun W/G Cookie Milk Fish Patty Sandwich on request</p>
<p>19 Chili Dog Steamed Carrots Bun Mixed Fruit Milk</p>	<p>20 Chicken & Gravy Mashed Potatoes Pineapple Milk</p>	<p>21 BBQ Pork Sandwich Bun Brown Rice, Corn and Black Beans Pears Variety of Milk</p>	<p>22 Sloppy Joe Bun Green Beans Peaches Choc Milk- White Milk</p>	<p>23 Spring Break Begins Enjoy!!!!!!</p>
<p>26</p>	<p>27 MCC Food Service 231-757-5721 mnielsen @mccschools.org</p>	<p>28</p>	<p>29 Fresh Fruit and Vegetable Bar offered daily</p>	<p>30 Menu is subject to change without notice USDA is an equal Opportunity provider and employer</p>

School News

DAILY MENU CHOICES - PIZZA, CHICKEN PATTY ON A BUN, CHEESEBURGER, DELI SANDWICHES, FRESH SALADS, CHICKEN NUGGETS AND DAILY SPECIAL

All bread, bread items and pasta are whole or multi grain
 Milk offered
 Daily
 Fat Free Chocolate
 Lowfat 1 % White Milk

Fruit & Vegetable Bar offer daily
 Condiments available daily:
 Low cal salad dressings,
 Mayonnaise, catsup, mustard.

Lunch Prices:
High School \$2.85
Middle School & Elementary \$2.85