



MAY | 2017

Mason County Central High School Menu

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|--|---|--|---|
| 1 Creamy Chicken over Mashed Potatoes Baby Carrots Lite Ranch Dressing Diced Pears Choc or Lowfat Milk | 2 Turkey Club Sandwich Spinach Salad Applesauce Choice of Milk | 3 Quesadilla Broccoli Salad Banana Choice of Milk | 4 Hotdog on a Bun Corn Garbanzo Beans Diced Peaches Milk | 5 Tacos Tortilla Chips Salsa Baby Carrots Diced Pineapple Variety of Milk Happy Cinco de Mayo |
| 8 Rodeo Burger Carrot & Celery Sticks Creamy Dip for Vegetables Diced Pears Milk | 9 Chicken Salad on a Bun Peas & Carrots Applesauce Choice of Milk | 10 Turkey Wraps Tossed Salad Lite Ranch Dressing Mandarin Oranges Variety of Milk | 11 Hungry Howie Pizza Day Peas Mixed Melon Salad Choice of Milk | 12 Chicken Tenders Dinner roll Cucumber Slices Apple Slices Choice of Milk |
| 15 Walking Taco Chili & Cheese Apples Peaches Choice of Milk | 16 5 inch Pizza Spinach Applesauce Choice of Milk | 17 Macaroni & Cheese Mixed Tossed Salad Lite Ranch Dressing Green Beans Diced Pears Choice of Milk | 18 Pepperoni French Bread Pizza Celery Sticks Oranges Choice of Milk | 19 Big Daddy Cheese Pizza Baby Carrots Lite Ranch Dressing Fruit Mix Choice of Milk |
| 22 BBQ Pork Sandwich Corn Fresh Oranges Choice of Milk | 23 Tuka Burger ?? Baby Carrots Lite Ranch Dressing Grapes Bun Choice of Milk | 24 Chicken Teriyaki Brown Rice Cherry Tomato Applesauce Choice of Milk | 25 Spaghetti Green Bell Peppers Diced Peaches W/W Bun Choice of Milk | 26 Bosco Pizza Sticks Corn Apple Slices Choice of Milk |
| 29 Memorial Day No School | 30 MCC Potato Bowl Popcorn Chicken Mashed Potatoes Corn Gravy Fresh Fruit Choice of milk | 31 Grilled Cheese Sandwich Bread Tomato Soup Pears Milk | MCC Food Service 231-757-5721 | |

DAILY MENU CHOICES - PIZZA, CHICKEN PATTY ON A BUN, CHEESEBURGER, DELI SANDWICHES, FRESH SALADS, CHICKEN NUGGETS AND DAILY SPECIAL

All bread, bread items and pasta are whole or multi grain.

Milk offered Daily

Fat Free Chocolate
Lowfat 1 % White Milk

Fruit & Vegetable Bar offer daily

Condiments available daily:
Low cal salad dressings,
Mayonnaise, catsup, mustard.

Lunch Prices:

High School \$2.85

Middle School &

Elementary \$2.75