



# OCTOBER | 2017

## Fountain Headstart Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>2</b> Ham, Potato, Cheese Bake Oranges Roll 1 % milk	<b>3</b> Pizza Sticks Grapes Carrots 1 % milk	<b>4</b> Cheese burger Bun Apple Slices Green Beans 1 % milk	<b>5</b> Turkey Coleslaw Baked beans Fruit salad Bun/ 1% milk	<b>6</b> No School
<b>9</b> Ham & Cheese Green Beans Tropical fruit mix Bun 1 % milk	<b>10</b> Roast Beef Corn Diced Pears Roll 1 % milk	<b>11</b> Meat loaf Tossed Salad Fruit Mix Wheat bread 1 % milk	<b>12</b> Sliced Roast Turkey Mashed potato Peaches Dinner roll 1 % milk	<b>13</b> No School
<b>16</b> Chicken Nuggets Mixed vegetables Peaches Dinner roll 1 % milk	<b>17</b> Spaghetti w/meat sauce California Blend Warm Applesauce Garlic toast 1 % milk	<b>18</b> Chicken Patty Tossed Salad Cantaloupe Bun 1 % milk	<b>19</b> Pizza Corn Pineapple tidbit 1 % milk	<b>20</b> No School
<b>23</b> Bosco Sticks Corn Peaches 1 % milk	<b>24</b> Taco Corn Sliced Apples Shell 1 % milk	<b>25</b> Pizza Carrots Mixed Fruit 1 % milk	<b>26</b> Chicken Patty Green Beans Applesauce Hamburger bun 1 % milk	<b>27</b> No School
<b>30</b> Pizza Corn Pineapple tidbit 1 % milk	<b>31</b> Special Bagged lunch Day Sub Sandwich Carrot sticks Apple Slices Bun - Milk			No School

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