



MAY | 2017

ESD Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Bosco Cheese Sticks Baby Carrots Diced Pears Choc or Lowfat Milk	2 Turkey Sandwich Seasoned Black Beans Applesauce Choice of Milk	3 Sloppy Nachos Broccoli Salad Fresh Fruit Cups Choice of Milk	4 Hotdog on a Bun Corn Garbanzo Beans Diced Peaches Milk	5 Taco Flour Shell Salsa Baby Carrots Diced Pineapple Variety of Milk Happy Cinco de Mayo
8 Cheese Burger Carrot & Celery Sticks Creamy Dip for Vegetables Diced Pears Milk	9 Chicken Nuggets Peas & Carrots Applesauce Roll Choice of Milk	10 Hot Ham & Cheese Bun Tossed Salad Lite Ranch Dressing Mandarin Oranges Variety of Milk	11 5 inch Pepperoni Pizza Celery Sticks Peaches Choice of Milk	12 Chicken Rings Cucumber Slices Fresh Fruit Cup Choice of Milk
15 Walking Taco Chili & Cheese Apples Mixed Melon Salad Choice of Milk	16 Baked Chicken French Fries Spinach Applesauce Choice of Milk	17 Macaroni & Cheese Mixed Tossed Salad Lite Ranch Dressing Green Beans Diced Pears Choice of Milk	18 Hungry Howie Pizza Day Peas Mixed Melon Salad Choice of Milk	19 Bosco Cheese Sticks Baby Carrots Fruit Mix Choice of Milk
22 Sloppy Joes Sandwich Corn Fresh Oranges Choice of Milk	23 Ham Deli Sandwich Baby Carrots Lite Ranch Dressing Grapes Bun Choice of Milk	24 Corndogs Brown Rice Cherry Tomato Applesauce Choice of Milk	25 Spaghetti Green Bell Peppers Diced Peaches W/W Bun Choice of Milk	26 Breakfast for Lunch Cereal Hashbrowns Apple Slices Yogurt Choice of milk
29 Memorial Day No School	30 Popcorn Chicken Mashed Potatoes Corn Gravy Fresh Fruit Choice of milk	31 Peanut Butter and Jelly Cottage Cheese Banana – Sharon’s favorite Carrot Sticks Milk		MCC Food Service 231-757-5721

**All bread, bread items
and pasta are whole or
multi grain.
Milk offered
Daily**

**Condiments available daily:
Low cal salad dressings,
Mayonnaise, catsup, mustard.**

**Lunch Prices:
High School \$2.85
Middle School &
Elementary \$2.75**